

## BILIOUS, HEADACHY, SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

### Safety First.

John Sharp Williams stepped out of the senate chamber in response to the card of Bob Gates, who is a Washington correspondent of distinguished appearance and much political experience.

Bob asked him a number of questions and then, in parting, he asked:

"By the way, Senator, have you got a good cigar about you?"—putting the request under the head of unfinished business.

"No, I haven't but one left—and I just now bit the end off it preparatory to lighting it," replied John Sharp.

"If I'd just been a minute or two sooner," suggested Bob.

"Not exactly," said the senator. "The fact is, when I started out here I bit the end off the cigar just for fear you might ask for it."

### Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Williams*

In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

### The Female of the Species.

"I tell you, sir," said the sad-eyed passenger with the bargain-counter tie, "all women are born gamblers."

"That's right," observed the button drummer. "And they nearly always win when they play hearts to catch diamonds."

### When Your Eyes Need Care

Use Murine Eye Medicine. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Sore Eyes and Granulated Eyelids. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 50c per Bottle. Murine Eye Salve in Asseptic Tubes, 50c and 50c. Write for Book of the Eye Free. Murine Eye Remedy Company, Chicago. Adv.

### His Point of View.

"What is your idea of matrimony?" asked the fair maid who was still occupying the anxious seat.

"Well," rejoined the wise chap who had balked at the hurdle, it's probably all right for those who haven't enough worry."

All the blood in a man's body passes through his heart once in every two minutes.

**A real guarantee on roofing!**  
A useless risk is to buy roofing not guaranteed by a responsible concern. When you buy our roofing you get the written guarantee of the world's largest manufacturers of roofing and building papers.

Buy materials that last  
**Certain-teed**

### Roofing

Our leading product—is guaranteed 5 years for 1-ply, 10 years for 2-ply and 15 years for 3-ply. We also make lower priced roofing, slate surfaced shingles, building papers, wall boards, out-door paints, plastic cement, etc.

Ask your dealer for products made by us. They are reasonable in price and we stand behind them.

**General Roofing Manufacturing Co.**  
World's largest manufacturers of Roofing and Building Papers

New York City Boston Chicago Pittsburgh  
Philadelphia Atlanta Cleveland Detroit  
St. Louis Cincinnati Kansas City Minneapolis  
San Francisco Seattle London Hamburg Sydney

## SEED CORN

Armstrong's Iowa Grown. Most reliable, true type, high yielding variety. Hand picked, selected, tipped, husked, shelled and graded, ready for edge drop planter. Good honest seed corn, as perfect as can be made, direct from the growers, at farmers' prices. Samples and catalog all kinds farm seeds. FREE. Armstrong Seed Farms, Shenandoah, Iowa

## POTATO LOW PRICES

Salzer's Pedigree Potatoes helped put Wisconsin way on the top with its enormous potato yield. We can do same for you. **RED SKIN CAWAGO PRIMA**  
John A. Salzer Seed Co., Box 705, La Crosse, Wis.

AGENTS—We manufacture and control the fastest selling household article ever introduced; new stocking darning; makes darning a pleasure; sells in every house; no experience required; 100% profit. **IDEAL DARNER**, Springfield, Mo., WHITE PLAINS, NEW YORK.

\$17,500 buys 100 acres dairy with 100 cows, some registered; horses, hogs and all machinery; good home, barn, silo, gas lights, mail, telephone. Everything goes at this price if sold before April 1. Write for details. **ALLEN V. ASHERMAN**, Evans, Ill.

## INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible Institute, Chicago.)

### LESSON FOR FEBRUARY 28

SAMUEL, THE VICTORIOUS LEADER.

LESSON TEXT—I Samuel 7:1-17. GOLDEN TEXT—Hitherto hath Jehovah helped me.—I Samuel 7:13 R. V.

Having prepared a "guilt offering," 6:4-9, the Philistines started the ark back towards Shiloh. As a punishment for their sacrilege and perhaps for their boastful pride, God punishes the men of Beth-Shemesh and finally the ark finds rest in the house of Abinadab, 6:10-21, 7:1, 2. For 20 years Israel was under discipline in bondage, v. 2.

1. "And Samuel spake . . . saying," vv. 3-8. It is possible that at times Samuel was a fugitive, but that he was praying, teaching and preaching "the word of Jehovah" we are assured. At last Israel was "drawn together," v. 2 R. V. margin. Undoubtedly Samuel's pure life and his faithful witnessing had as much to do with this assembling as did the oppression of the Philistines. Samuel told the people plainly that in order to be delivered from the Philistines Israel must "return unto Jehovah with all your heart." The putting away (judging) of sin and all idols is the first step of any real, genuine repentance towards God, Isa. 55:7. When Israel adopted Ashteroth and the "strange gods" they possibly did so with no thought of forsaking Jehovah, but rather with the idea of "enriching" their worship. Such liberality, such a federation of religions is weakening to the cause of faith, Matt. 6:24, I John 2:15, James, 4:4. Samuel might be called "narrow," but his exhortation to Israel that they return to the love and worship of Jehovah, to the obedience of his laws with whole-souled devotion, was the first, and the most essential requisite to their freedom. Israel's response (v. 4) meant not alone self-denial, but a revolt against the Philistines. This meant also the giving up of amusements and profits which might accompany such worship. The word "heart" includes the will, affections, motives and powers of soul. Not merely a surface emotion, but a deep change of heart and character. It is sad to recall that this was a reformation, not a regeneration (ch. 8:8), but such is the history of an emotional reformation. One day, however, we shall see that one will last long, Rom. 11:26. Samuel is a type of Christ as a prophet and also as an intercessor, Heb. 7:25. Gathering the people at Mizpah ("a lookout") he caused the people to look to God. Such a gathering was an evidence of that unity of the people of God which must ever precede prevailing prayer, Pa. 99:6, Heb. 10:25. The meeting began by a prayer by Samuel who was nearest to God. They then poured out water upon the ground, a symbol of their utter helplessness, also of the pouring out of their hearts before God, II Sam. 14:14; Pa. 62:8. Israel also "fasted"—an expression of sorrow for sin which was so deep that they could not eat, and a sign of the humiliation of self and an earnest desire to find God, Dan. 9:3, Acts 13:2, 3.

II. "And Samuel offered . . . a burnt offering," vv. 9-12. Twenty years of bondage bred a spirit of fear in the hearts of the Israelites and in their extremity they turned to Samuel to intercede for them. Christians have a better one as their intercessor, I John 2:1; Heb. 7:25; Rom. 8:34. Israel no longer places its trust in an outward symbol as when formerly they sent for the ark, ch. 4:3. All real prayer is preceded by sacrifice, and the only ground we have upon which to approach a holy God is to shed blood, Heb. 10:19, John 14:6. This is also a type of entire consecration. The lamb of Samuel's sacrifice is a type of our Christ who entered into God's presence for us "by his own blood," Heb. 9:11, 12. Having thus properly approached God, Samuel cried for Israel, and "the Lord heard him," John 17:9. In the midst of this the Philistines gave battle (v. 10) even as Satan often makes his fiercest assaults upon us in the midst of our holiest exercises. God "thundered with a great voice," v. 11, marring discomfiture and fear to the enemy, I John 5:14.

The Heart of the Lesson. This lesson is a great revelation of the power and effectiveness of intercessory prayer. "Moses and Aaron among his priests, and Samuel among them that call upon his name," Ps. 99:6, seems to place Samuel at the head of Israel's intercessors even as Moses and Aaron led the prophet priests.

Prayer for others is not only a duty, but a privilege and joy as well.

Too few Christians are interceding for others. The sincere prayer for others is inevitably followed up by service for others, even as Samuel's prayer was followed by his service judging Israel.

This lesson also emphasizes the need of appreciation of God's mercies. Abraham erected his altars; Jacob and Joshua erected memorial stones to recall signal blessings; Samuel calls the one he erected "Ebenezer," for "Hitherto hath Jehovah helped us."

## THE EMBARGO ON WHEAT

The United States Wheat Production Admits of 100 Million Bushels for Export.

The talk in the press some little time back of placing an embargo on wheat, brought forcibly to the minds of the people of the United States a condition that may at some time in the near future face them. 100 million bushels of an export of wheat means a splendid revenue to the country as well as to the farmer, and if this were assured year after year, there would be reason for considerable congratulation. But last year's magnificent and abundant crop, which was estimated at 891 million bushels, cannot be expected every year. With a home consumption of 775 million bushels, and a production in many years of little more than this, the fact is apparent that at an early date the United States will have to import wheat. It will be then that the people of the United States will be looking to other markets for a supply. And it is then that the value of Western Canada lands will be viewed with considerable favor. The great area of wheat lands in Canada will then be called upon to provide the greatest portion of the old world's supply, and also, in the opinion of the writer, that of the United States as well. At present there are only about 12 million acres of these lands producing wheat. There are five times that many acres that can be brought under successful cultivation. Apart altogether from the value of these lands as wheat producers there is an increased value to them from the fact that the soil is especially adapted to the growing of many other kinds of grain as well as all manner of cultivated grasses, while the native grasses are a wonderful asset in themselves. The climate is especially favorable to the raising of live stock, such as horses, cattle, sheep and hogs. All these bring into the limelight the adaptability of the soil, the climate and all other necessary conditions, to the carrying on of dairy farming, in a most profitable way.

There is no question that high prices for all that the farmer can grow or raise will continue for some years, and this is the great opportune time to take advantage of what Western Canada offers. Lands may be had as a free grant. These are mostly located some little distance from railways at the present time, but sooner or later will be well served by railways that are projected into these districts. Land may also be secured by purchase at reasonable price, and on easy terms from holders of same. In many cases farms partly improved may be rented. A Winnipeg paper said recently: "Canada wants American immigrants. They make good Canadian citizens." And then speaking of the erroneous impression that has gained some publicity in a portion of the United States press, says: "It cannot be too forcibly impressed upon the American mind that in coming to Canada they place themselves under the freest democracy the world knows. No citizen of this country, whether native or naturalized, can be compelled to military service. The only compulsion is the compulsion of conscience and patriotic duty. That is conscience and patriotic duty. That is the motive that has prompted thousands of Canadians to offer their lives. They are fighting as free men."—Advertisement.

### Between Deals.

The Wall street broker who ought to be in vaudeville came across at lunch with a fresh conundrum.

"What's the difference," said he, "between a taxidermist and a taxi driver, one of those chaps who gears the taximeter up to the highest notch?"

Everybody had had experience with the taximeter but nobody could supply the answer.

"All right," said the broker. "One skins you and stuffs you and the other stuffs you and skins you."

### SELF SHAMPOOING

With Cuticura Soap is Most Comforting and Beneficial. Trial Free.

Especially if preceded by touches of Cuticura Ointment to spots of dandruff and itching on the scalp skin. These supercreamy emollients moisten every skin want as well as every toilet and nursery want in caring for the skin, scalp, hair and hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Nearly 100,000 women and children are employed in the tobacco factories of the United States.

It's impossible to suppress the man who thinks he can tell a funny story.

It's the high spots that knock out the rolling stones.

## Winter Chills Bring Kidney Ills

A spell of cold, damp weather is always followed by a fine crop of kidney troubles and backache.

Colds and chills damage the kidneys. Other troubles common to winter weather are just as bad. Grip, tonsillitis, quinsy, pneumonia or any other infectious disease hurts the kidneys by overloading the blood with poisons. The kidneys get worn, weak and inflamed trying to work it off.

It isn't hard to strengthen weak kidneys though, if you act quickly. At the first sign of backache, dizzy spells, headaches, loss of weight, nervousness, depression and painful, irregular kidney action, start using Doan's Kidney Pills. Rest the kidneys by simple eating, avoidance of overwork and worry, and getting more rest and sleep. A milk diet is fine.

This sensible treatment should bring quick benefit and prevent serious kidney diseases like dropsy, gravel and Bright's disease.

Clip this advertisement and mail it to the address below for a free trial of Doan's Kidney Pills, the best rec-



"I'd be all right only for my back."

ommended kidney remedy in the world. You'll decide it worth a trial, when you read this enthusiastic testimony.

### Knife-Like Pains Had to be Assisted from Bed to Chair

G. C. McNeely, 545 Cherry St., Taylor Bluff, Mo., says: "I was suddenly taken with kidney and bladder disease in a bad form. I had to get up six or seven times at night to pass the kidney secretions and they were painful. I also had sharp twinges through my back, just as if a knife was being thrust into me. The pain extended later to my neck and shoulders. I was confined to the house for over a month—a helpmate invalid. My limbs, ankles and feet swelled to twice their natural size and finger pressure on them left a dent that lasted for hours. My head ached terribly and I had dizzy spells. I couldn't sleep well and mornings I had to be helped from my bed to a chair. For three months I couldn't do a bit of work. I had several doctors attending me, but they gave me no relief and I was greatly discouraged. About this time I began using Doan's Kidney Pills and the first hour regulated the action of my kidneys. After finishing three boxes I was rid of the trouble and have had no sign of it since."

**DOAN'S KIDNEY PILLS**  
When Your Back is Lame—Remember the Name  
Sold by all Dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., Proprietors.

### LABOR PERIODICALS TO HELP

Campaign Against Tuberculosis Will Shortly Have a New and Important Ally.

A new campaign for closer co-operation with labor unions and other groups of workmen is announced by the National Association for the Study and Prevention of Tuberculosis.

A committee has been appointed with Dr. Theodore B. Sachs, president of the Chicago Tuberculosis Institute, as chairman, to formulate plans for immediate and future action. Other members of the committee are Samuel Gompers, president of the American Federation of Labor, Washington; George W. Perkins, secretary of the International Cigarmakers' union, Chicago; John Mitchell of the New York state compensation commission, New York; Austin B. Garretson, president of the Brotherhood of Railway Conductors, Cedar Rapids, Iowa; Dr. William Charles White, medical director of the Tuberculosis league of Pittsburgh, and Dr. David R. Lyman, superintendent of the Gaylord Farm sanatorium, Wallingford, Conn.

As the first step in the campaign a special health bulletin has been prepared for the labor papers and will be sent out monthly in co-operation with members of the International Labor Press bureau.

## SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

### She Went.

"See how I can count, mamma," said Kitty. "There's my right foot. That's one. There's my left foot. That's two. Two and one make three. Three feet make a yard, and I want to go out and play in it."

### Decidedly Unneutral.

Mrs. Knicker—Is your husband neutral?  
Mrs. Bocker—No; he blows up every bridge I give.

The school of experience has no commencement. It's a perpetual course.

A self-made man is always satisfied with his architect.—Boston Transcript.

Many a man who knows his own mind is not overburdened with knowledge.

It's easier for a young man to raise a row than a mustache.

**Watch Your Colts**  
For Coughs, Colds and Diarrhea, and at the first symptoms of any such ailment, give small doses of that wonderful remedy, now the most used in existence.  
**SPOHN'S DISTEMPER COMPOUND**  
50 cents and \$1 a bottle; \$5 and \$10 the dozen of any druggist, harness dealer, or delivered by SPOHN MEDICAL CO., Chemists and Bacteriologists, Graham, Ind., U. S. A.

### Experience.

"Experience is a great teacher."  
"Isn't it? There's Brown's case."  
"What about Mr. Brown?"  
"He married a widow."

"Well, Brown had an idea that he was a handy man around the house. About the second week after his marriage she caught him with a monkey wrench on his way to fix some of the water pipes."

"What did she do?"  
"She stopped him."

"Why?"  
"She said her first husband had the notion that he was a plumber, and she had all the trouble from that source that she wanted."

### GRANDMA USED SAGE TEA TO DARKEN HER GRAY HAIR

She Made Up a Mixture of Sage Tea and Sulphur to Bring Back Color, Gloss, Thickness.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome. Nowadays, by asking at any store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of the famous old recipe for about 50 cents.

Don't stay gray! Try it! No one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time, by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy.—Adv.

### Up to Mother.

The mother of thirteen-year-old Page has a gift for rhyming and a generous nature. The other day Page returned from school with the announcement that each member of her class was expected to turn in a poem on a certain given subject on the morrow.

"Well, that's a very nice subject," replied Page's mother.

"Yes, but, mother," the little girl asked, with innocent assurance, "what are you going to say about it?"

### Diplomatically Speaking.

"I want to answer Gwendolyn's letter and say something that means nothing."

"Tell her you love her."

### Too Much to Bear.

Friend—Why are you crying, Bobby?  
Bobby—Ma whipped me because my face was dirty, and then washed it.—Judge.

### The Reason.

"The man who uttered those forged notes made a very clumsy job of it."  
"Oh, but, you know, he stuttered."

### It is a whole lot better to howl before you are hurt than to howl in a hospital.

Philadelphia Telegraph.

Beware of false economy. The man who does not invest in garden seeds seldom picks and cucumbers.

They stop the tickle. Dean's Mentholated Cough Drops stop coughs quickly. A pleasant remedy—5c at all good Druggists.

The mother tongue has the father tongue beaten.

## Alfalfa PUREST ON EARTH

More than 30 years ago Salzer's Catalog boomed Alfalfa, years before other seedmen thought of its value. Today Salzer's Alfalfa strains include German, Montana, Liscom, Agr. College Improved, Salzer's Dakota Registered No. 30—a hardy as oak.

For 10c in Postage

We gladly mail our Catalog and sample package of Ten Famous Farm Seeds, including Speltz, "The Cereal Wonder," Rejuvenated White Bonanza Oats "The Prize Winner," Billion Dollar Grass, Trossel, the Silo Filler, Alfalfa, etc., etc.

Or Send 12c

And we will mail you our big Catalog and six generous packages of Early Cabbage, Carrot, Cucumber, Lettuce, Radish, Onion—furnishing lots and lots of juicy delicious Vegetables during the early Spring and Summer.

Or send to John A. Salzer Seed Co., Box 705, La Crosse, Wis., twenty cents and receive both above collections and their big catalog.

### Its Accompaniment.

"I have an eye for the stage."  
"Then look out you don't get the hook, too."

Denver women are forming home and school clubs in the churches.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

**CARTER'S LITTLE LIVER PILLS**  
A small preparation of herbs. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

W. N. U., ST. LOUIS, MO. 9-1915.

## OLD SORES

Since 1899 ALLEN'S ULCEERING SALVE has healed more old sores than all other salves combined. It is the most powerful salve known and heals sores from the bottom up, drawing out the poisons. By mail 25 cents. Book free. J. P. ALLEN MEDICINE CO., Dept. 224, ST. PAUL, MINN.

**PARKER'S HAIR BALM**  
A reliable preparation of herbs. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

## Death Lurks In A Weak Heart

If Yours is fluttering or weak, use **RENOVINE**. Made by Van Fleet-Manfield Drug Co., Memphis, Tenn. Price \$1.00